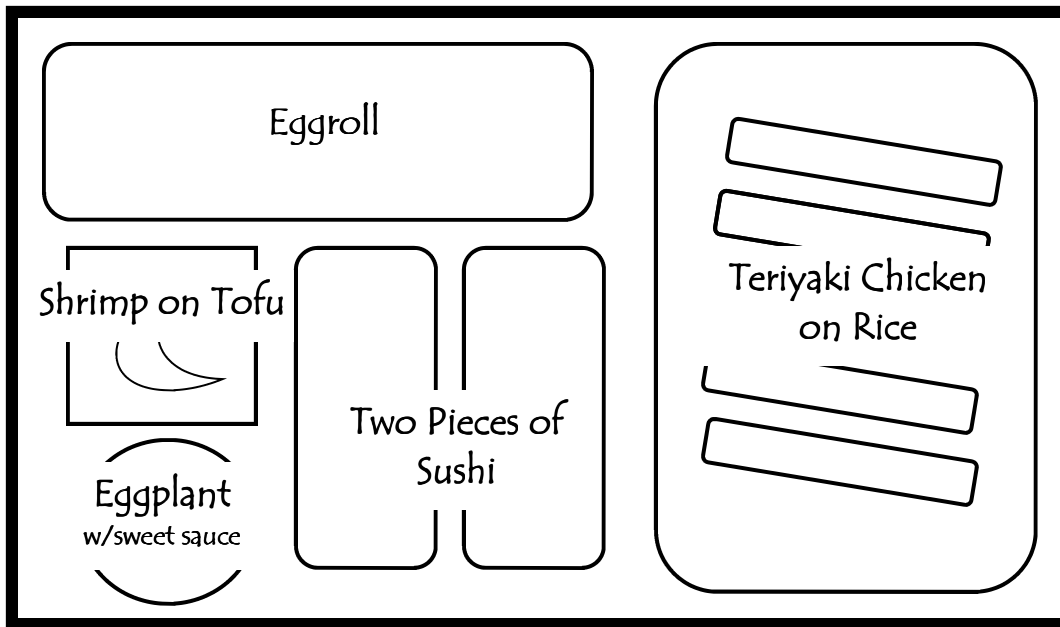


# The Japanese Bento: A Special Box Lunch

Obento\* refers to a meal conveniently packed inside a box. They usually feature local foods which generally include rice, meat or fish, and vegetables. Children and adults take bento almost anywhere . . . school field trips, sporting events, group outings, and even on train trips! Learn about this fun lunch at <http://web-japan.org/kidsweb/virtual/bento/bento01.html>!

\* The letter "o" is put in front of a word to make the tone more polite. There are no plurals in the Japanese language.

Treat your students to this culinary delight from



Cost: \$8

(For an additional dollar, add an ice cold soft drink or hot tea.)

Pre-order obento by calling (561) 495-0233 x219.

Use the park's pavilions for your bento picnic.